

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Taveirne Bea HEADCOACH

Coaches: Ryckeman Brian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 200M FREESTYLE MEN 13-14					Heat:7, starttime: 15:38
Heat: 7/8 Lane : 1 Athlete: VAN CRAEYNES BAS					Q-time: 02:14:00
PB (50m pool): 02:18.99 Antwerpen 20/07/2025					PB (25m pool): 02:14.00 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.17	01:09.42	01:45.19	02:18.99	
	00:33.17	00:36.25	00:35.77	00:33.80	
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-12					Heat:4, starttime: 15:51
Heat: 4/18 Lane : 4 Athlete: DE CLOEDT DELGADO LISA					Q-time: 01:39:47
PB (50m pool): no time					PB (25m pool): 01:39.47 SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-12					Heat:9, starttime: 16:02
Heat: 9/18 Lane : 5 Athlete: ANTIERENS LOUISE					Q-time: 01:31:60
PB (50m pool): 01:31.60 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 01:36.77 SB: 01:31.60 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M			
PB	00:42.48	01:31.60			
	00:42.48	00:49.12			
					

Coach feedback:

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Event number: 11: 100M BUTTERFLY WOMEN 11-12										Heat:14, starttime: 16:12																													
Heat: 14/18 Lane : 2 Athlete: DIEUSAERT ROSELIEN																				Q-time: 01:23:89																			
PB (50m pool): 01:23.89 Zwembad Brigitte Becue 26/04/2026																				PB (25m pool): 01:33.88 SB: 01:23.89 Zwembad Brigitte Becue 26/04/2026																			
	5 0 M					1 0 0 M																																	
PB	00:39.14					01:23.89																																	
	00:39.14					00:44.75																																	
																																							

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-12										Heat:18, starttime: 16:19	
Heat: 18/18 Lane : 4 Athlete: RYCKEMAN ELLA								Q-time: 01:13:94			
PB (50m pool): 01:13.94 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:18.18SB: 01:13.94 Zwembad Brigitte Becue 26/04/2026											
	5 0 M		1 0 0 M								
PB	00:35.71		01:13.94								
	00:35.71		00:38.23								
											

Coach feedback:

Event number: 12: 400M FREESTYLE MEN 11-12						Heat:2, starttime: 16:28		
Heat: 2/12 Lane : 6 Athlete: FERKET AIDAN						Q-time: 05:43:44		
PB (50m pool): 05:43.44 Zwembad Brigitte Becue 26/04/2026						PB (25m pool): 06:01.11 SB: 05:43.44 Zwembad Brigitte Becue 26/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.79	01:23.44	02:07.09	02:50.61	03:35.16	04:19.38	05:02.26	05:43.44
	00:38.79	00:44.65	00:43.65	00:43.52	00:44.55	00:44.22	00:42.88	00:41.18
								

Coach feedback:

Event number: 12: 400M FREESTYLE MEN 11-12						Heat:8, starttime: 17:04		
Heat: 8/12 Lane : 5 Athlete: LAFORCE LANDER						Q-time: 05:19:20		
PB (50m pool): no time						PB (25m pool): 05:19.20 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

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Event number: 12: 400M FREESTYLE MEN 11-12							Heat:11, starttime: 17:22	
Heat: 11/12 Lane : 1 Athlete: DAUWE LARS							Q-time: 05:06:33	
PB (50m pool): no time			PB (25m pool): 05:06.33 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 12: 400M FREESTYLE MEN 11-12							Heat:12, starttime: 17:27	
Heat: 12/12 Lane : 7 Athlete: STAELENS TYLER							Q-time: 04:59:76	
PB (50m pool): 05:27.86 Antwerpen 20/07/2025				PB (25m pool): 04:59.76SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:37.38	01:19.16	02:01.94	02:44.24	03:26.24	04:08.06	04:49.60	05:27.86
	00:37.38	00:41.78	00:42.78	00:42.30	00:42.00	00:41.82	00:41.54	00:38.26
								

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 13-14										Heat:11, starttime: 17:56	
Heat: 11/15 Lane : 6 Athlete: DEVUYST OONA										Q-time: 01:13:87	
PB (50m pool): 01:17.23 Antwerpen 20/07/2025										PB (25m pool): 01:13.87 SB: 01:17.34 Zwembad Brigitte Becue 26/04/2026	
	5 0 M		1 0 0 M								
PB	00:37.59		01:17.23								
	00:37.59		00:39.64								
											

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 13-14										Heat:3, starttime: 18:11	
Heat: 3/6 Lane : 8 Athlete: VANDEVIJVERE LARS										Q-time: 01:12:44	
PB (50m pool): 01:17.55 Antwerpen 15/03/2026					PB (25m pool): 01:12.44 SB: 01:17.55 Antwerpen 15/03/2026						
	5 0 M		1 0 0 M								
PB	00:35.08		01:17.55								
	00:35.08		00:42.47								
											

Coach feedback:

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: ROSC

Event number: 14: 100M BUTTERFLY MEN 13-14							Heat:4, starttime: 18:12		
Heat: 4/6 Lane : 6 Athlete: DEVOS MATHIS							Q-time: 01:08:86		
PB (50m pool): 01:09.80 Antwerpen 08/03/2026							PB (25m pool): 01:08.86 SB: 01:09.80 Antwerpen 08/03/2026		
	5 0 M		1 0 0 M						
PB	00:33.02		01:09.80						
	00:33.02		00:36.78						
									

Coach feedback:

Event number: 16: 4x100M FREESTYLE MEN 11-12							Heat:2, starttime: 18:59	
Heat: 2/2 Lane : 4 Athlete: TEAM ROSC 1							Q-time: 04:37:46	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: